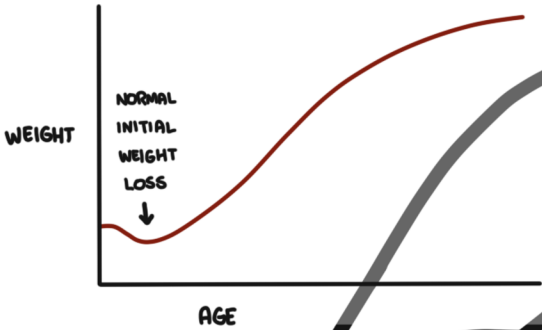


Is My BABY EATING ENOUGH?

WEIGHT GAIN AND OVERALL BEHAVIOR



DIAPER OUTPUT



BREASTFED BABIES



FORMULA - FED BABIES



WHEN TO SEEK HELP



- UNUSUALLY SLEEPY BABY
- CONSTANTLY FUSSY AND UNSATISFIED BABY
- PAINFUL BREASTFEEDING
- FEEDING WITHOUT MUCH SWALLOWING

HOW OFTEN TO FEED

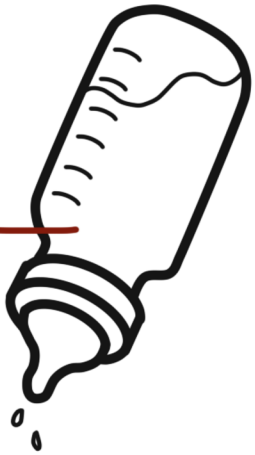
BABIES TYPICALLY FEED "ON DEMAND"

PRODUCED BASED ON SUPPLY AND DEMAND

8 - 12 FEEDS / DAY
EVERY 1 - 3 HOURS

EVERY 2 - 4 HOURS

↑ DIGESTION TIME



HUNGER CUES

EARLY HUNGER CUES



ACTIVE HUNGER CUES



LATE HUNGER CUES



Armando H. Faigl