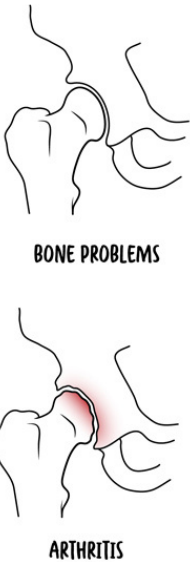
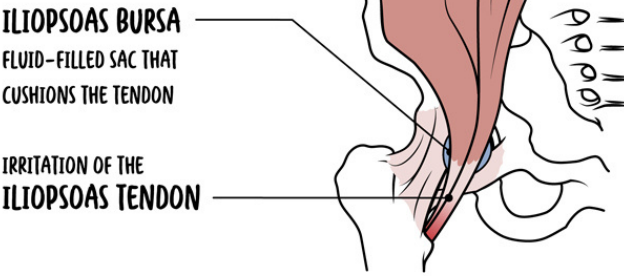
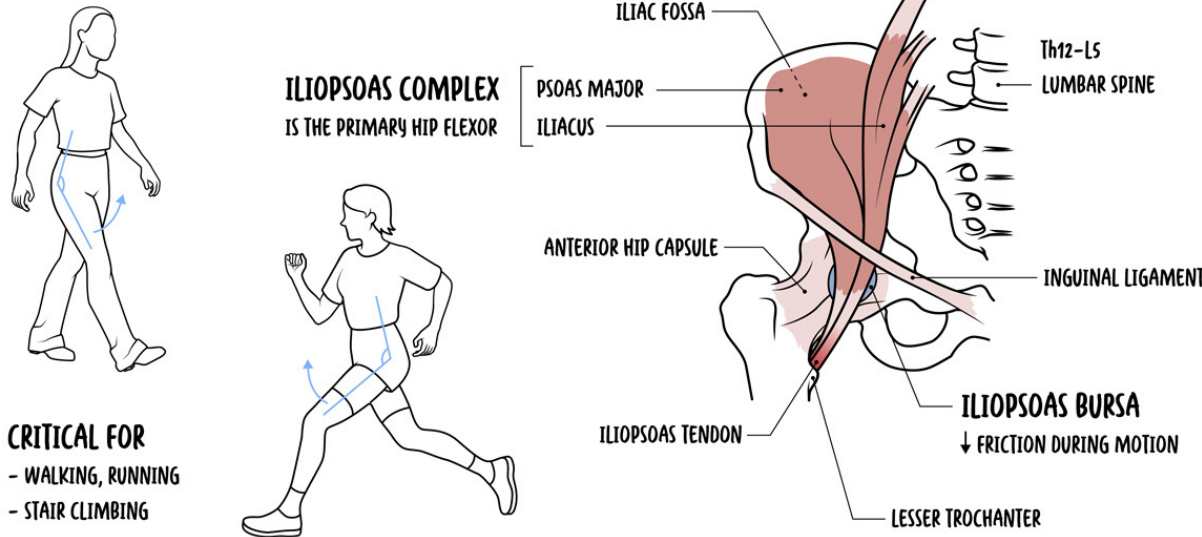


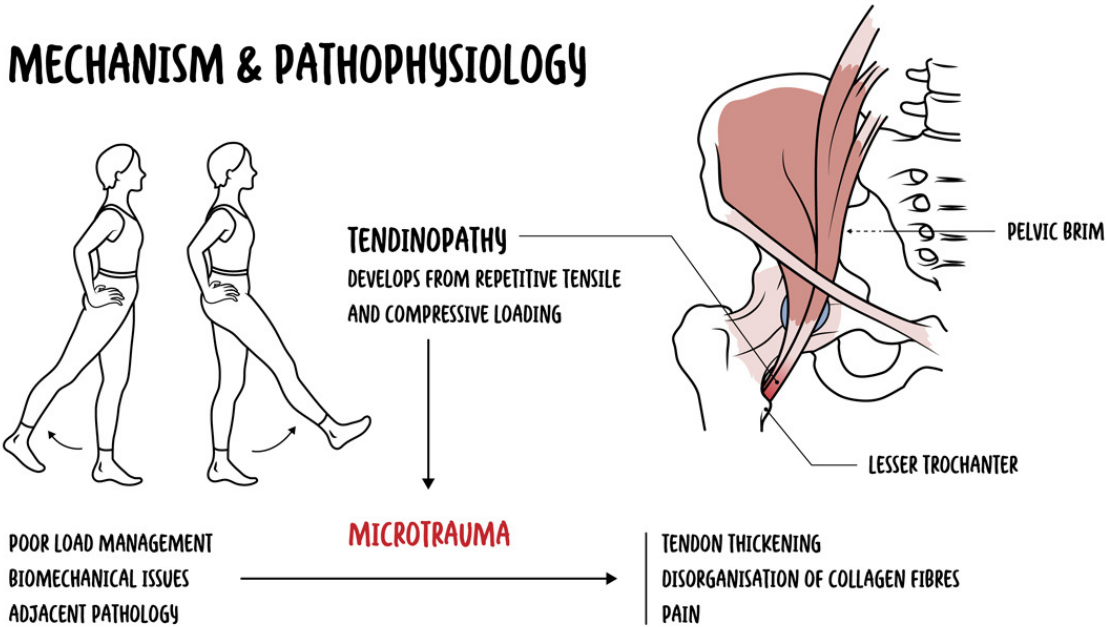
ILIOPSOAS
TENDINOPATHY & BURSITIS



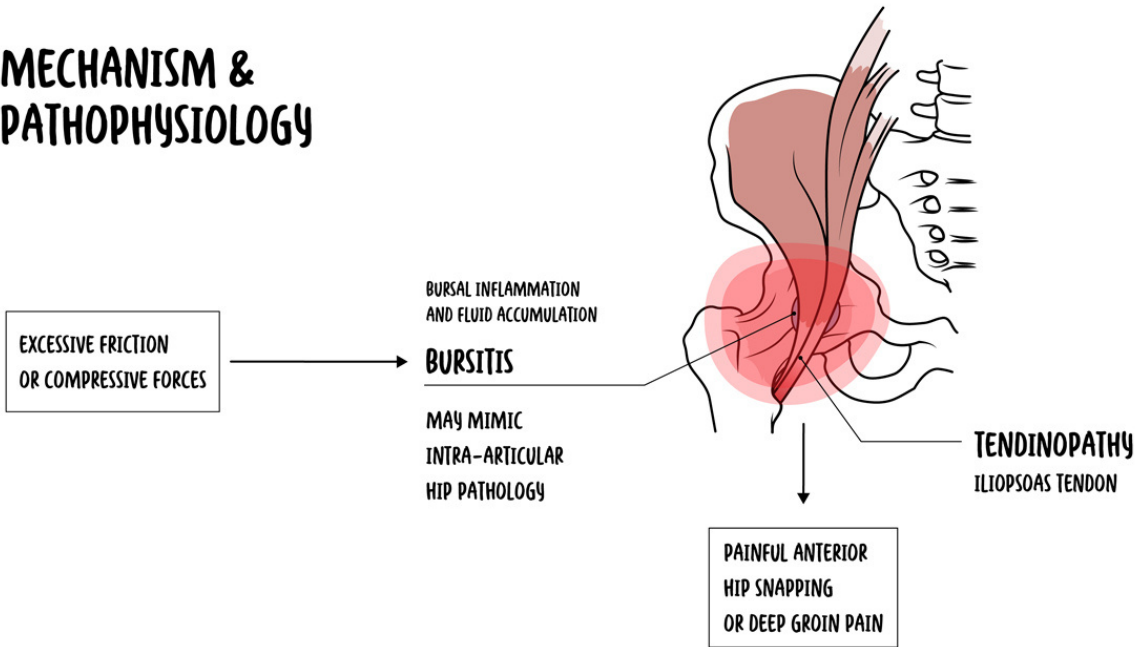
MECHANISM & PATHOPHYSIOLOGY



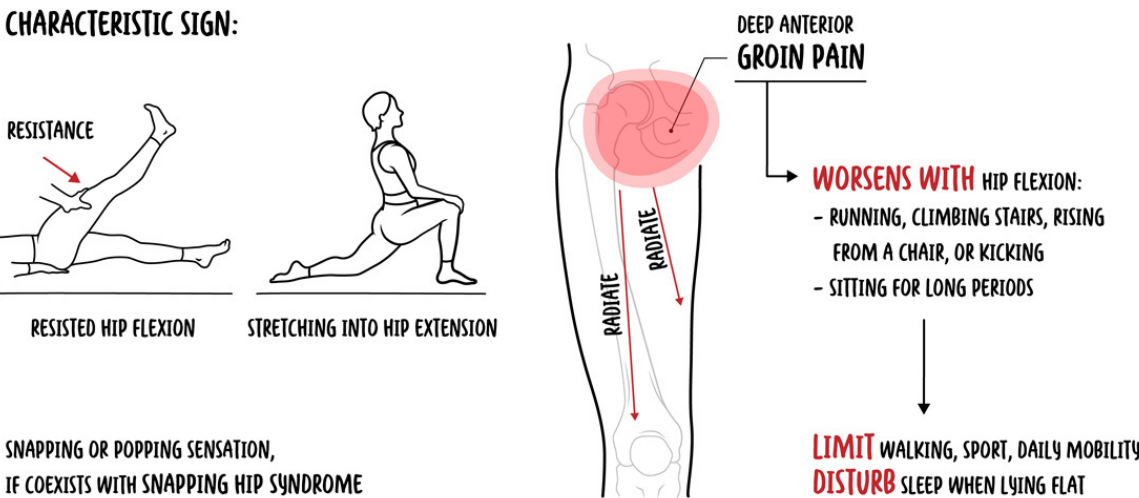
MECHANISM & PATHOPHYSIOLOGY



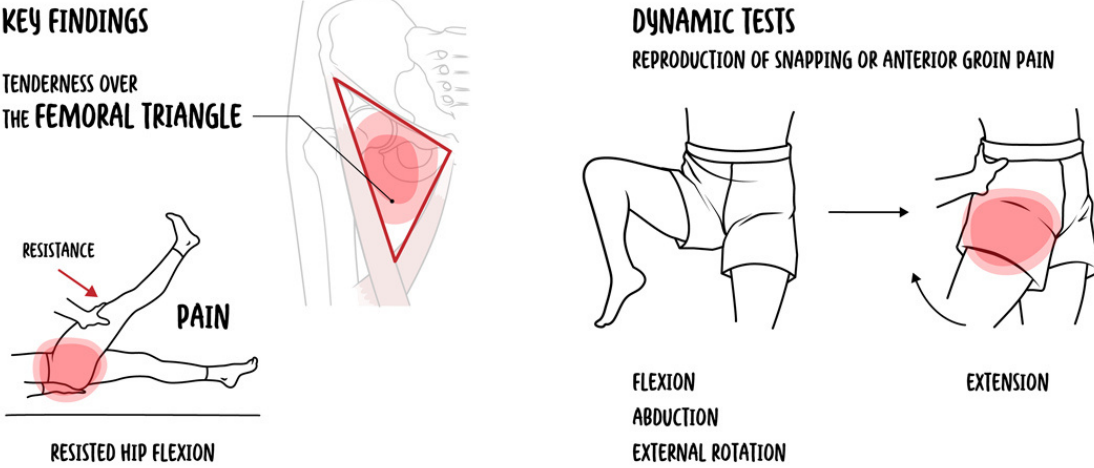
MECHANISM &
PATHOPHYSIOLOGY



CLINICAL PRESENTATION

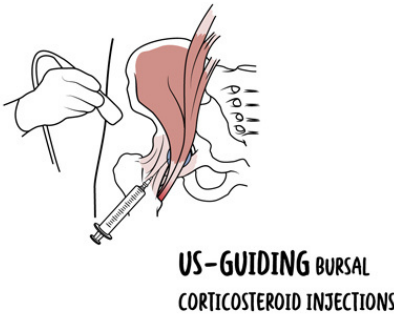


DIAGNOSIS

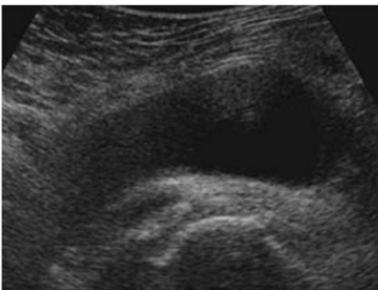


IMAGING | ULTRASOUND

DYNAMIC ASSESSMENT

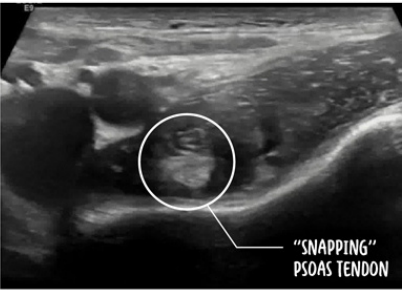


PERITENDINOUS HYPERVASCULARITY
ON DOPPLER - ACTIVE INFLAMMATION



BURSAL DISTENSION WITH
ANECHOIC OR HYPOECHOIC FLUID

DR. TACO GEERTSMA, ILIOPSOAS BURSA
CASE STUDY, ULTRASOUND.CASES.INFO



THICKENED OR HYPOECHOIC
ILIOPSOAS TENDON

REPRODUCTION OF
SNAPPING AS THE TENDON
MOVES ACROSS THE PELVIC BRIM

NEWMAN C, SNAPPING ILIOPSOAS TENDON.
CASE STUDY, RADIOPAEDIA.ORG

IMAGING | MRI

MORE COMPREHENSIVE EVALUATION OF BOTH STRUCTURES

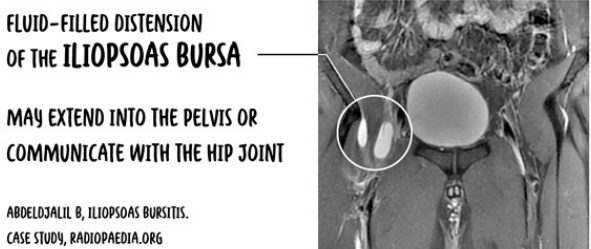


EXCLUSION OF MIMICS:
FEMORAL NECK STRESS FRACTURE, INGUINAL HERNIA,
OR PELVIC PATHOLOGY



TENDON THICKENING
↑ T2/STIR SIGNAL WITHIN THE TENDON
TENDINOSIS OR PARTIAL TEAR

O'DONNELL C, ILIOPSOAS TENDINOPATHY - SNAPPING TENDON.
CASE STUDY, RADIOPAEDIA.ORG



FLUID-FILLED DISTENSION
OF THE ILIOPSOAS BURSA

MAY EXTEND INTO THE PELVIS OR
COMMUNICATE WITH THE HIP JOINT

ABDELJALIL B, ILIOPSOAS BURSITIS.
CASE STUDY, RADIOPAEDIA.ORG

Armando H. Faigl

MANAGEMENT

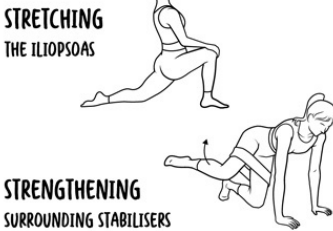
CONSERVATIVE

REST

ACTIVITY MODIFICATION

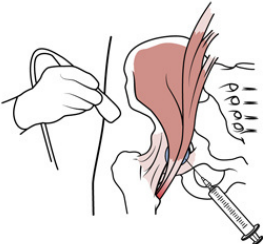
PHYSIOTHERAPY

NSAIDS OR ICE



INTERVENTIONAL

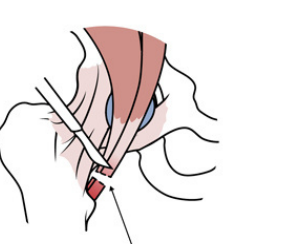
DIAGNOSTIC AND
THERAPEUTIC BENEFIT



US-GUIDING BURSAL
CORTICOSTEROID INJECTIONS

SURGICAL

IN CHRONIC, REFRACTORY CASES
SNAPPING HIP



TENDON RELEASE
LENGTHENING

PROGNOSIS

EARLY RECOGNITION
AND APPROPRIATE TREATMENT

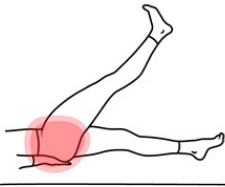
EXCELLENT
RETURN TO FULL ACTIVITY



ILIOPECTORAL
BAND
TENDINOPATHY AND BURSITIS
ARE IMPORTANT CAUSES OF ANTERIOR HIP PAIN

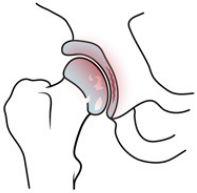
OVERUSE OR IRRITATION

GROIN PAIN
WORSENS WITH HIP FLEXION



PERSISTENT OR UNTREATED CASES

CHRONIC PAIN AND
SECONDARY HIP PATHOLOGY



PHYSIOTHERAPY
ACTIVITY MODIFICATION
IMAGE-GUIDED INJECTIONS

FULL RECOVERY

Armando H. Faigl