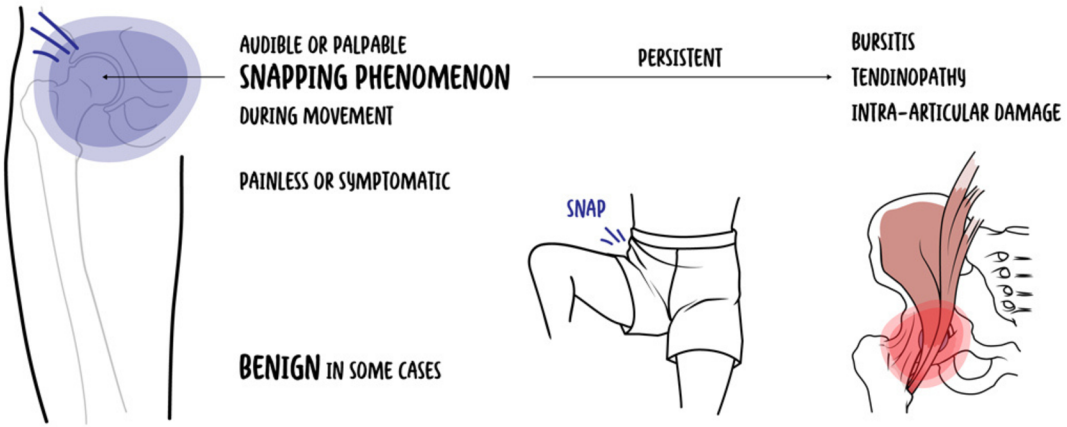
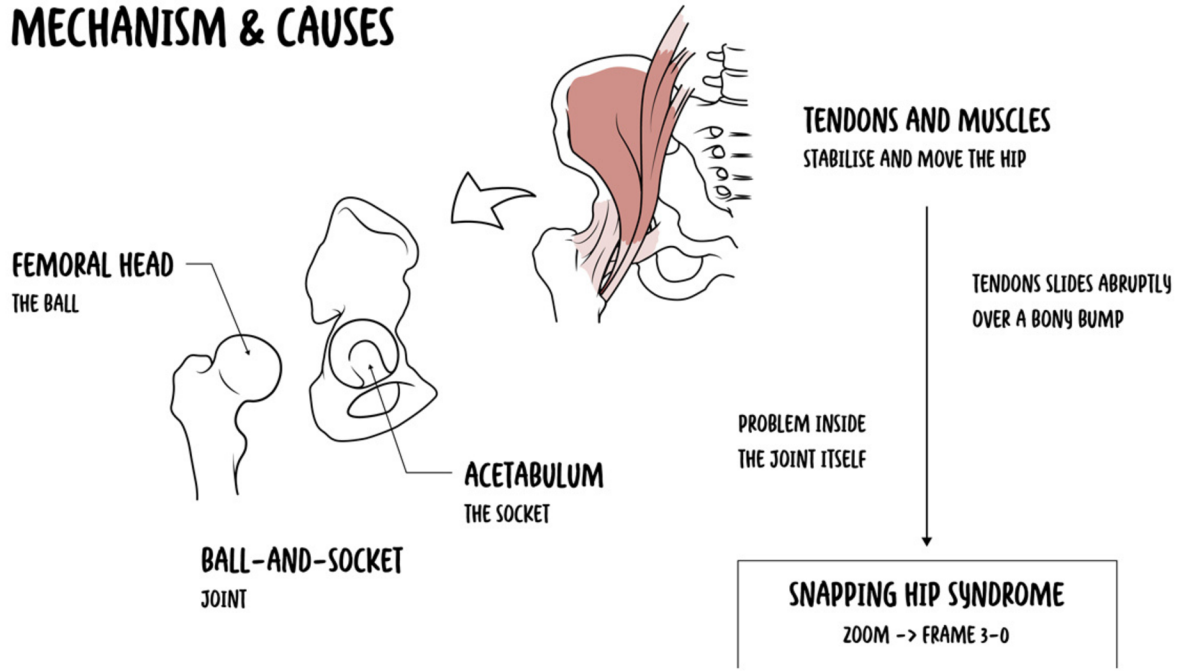


SNAPPING HIP SYNDROME

COXA SALTANS

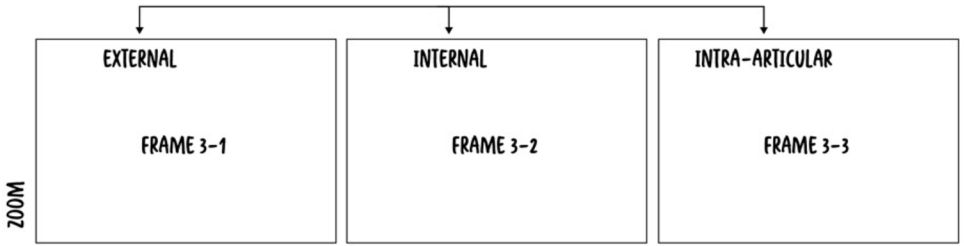


MECHANISM & CAUSES



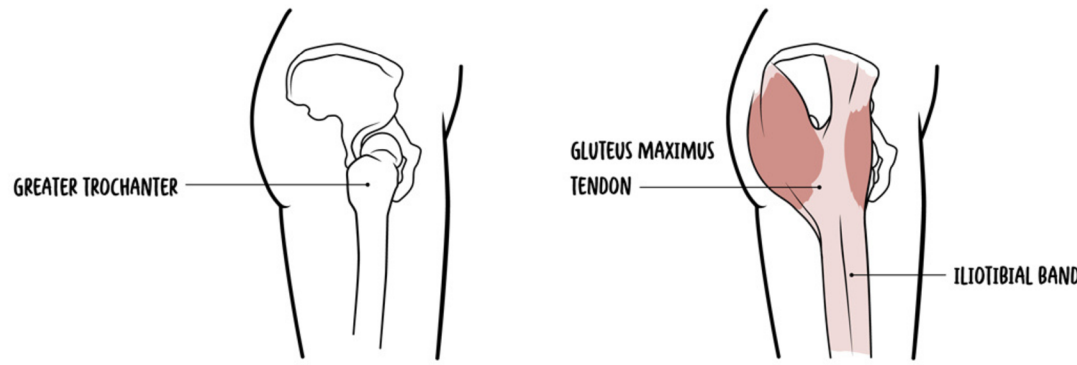
SNAPPING HIP SYNDROME

DIVIDED INTO



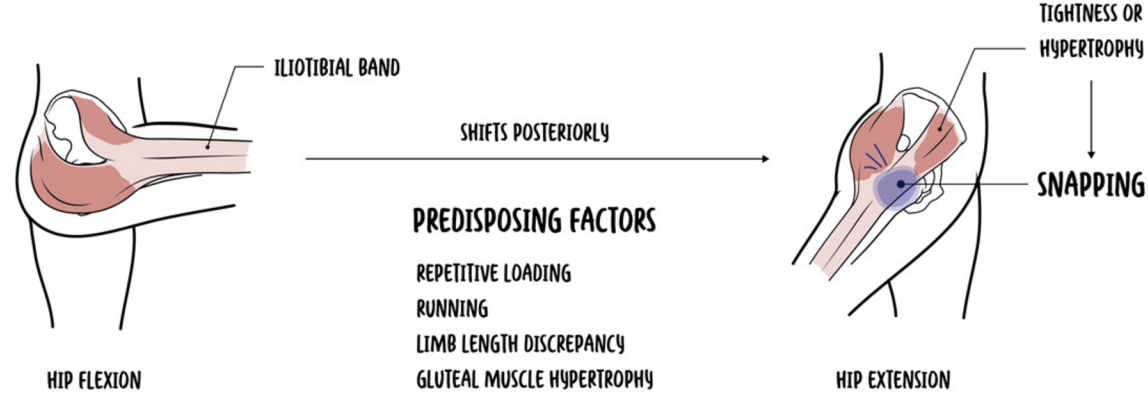
EXTERNAL SNAPPING HIP

MOST COMMON

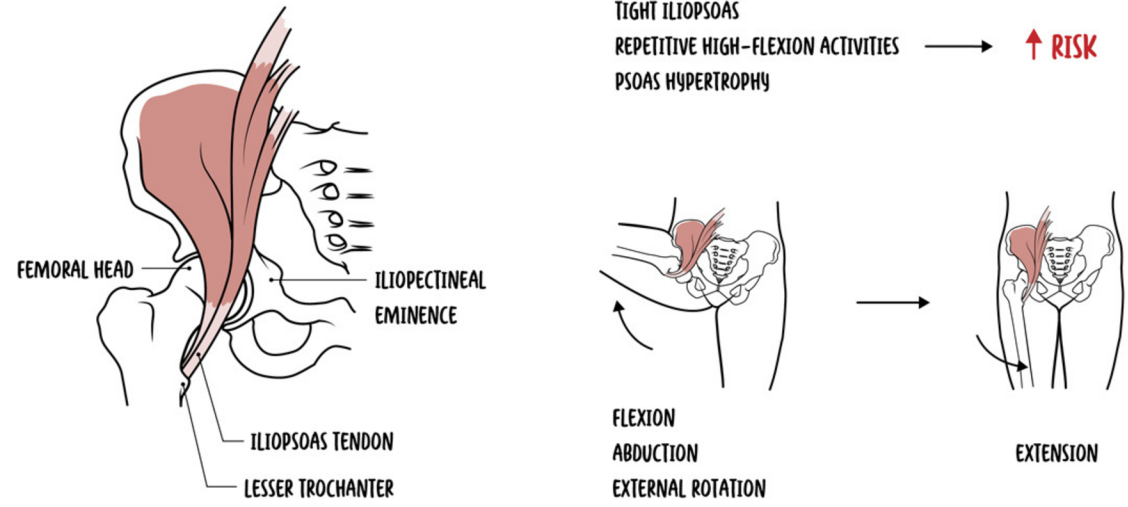


EXTERNAL SNAPPING HIP

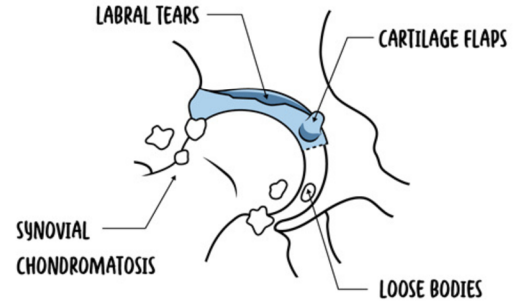
MOST COMMON



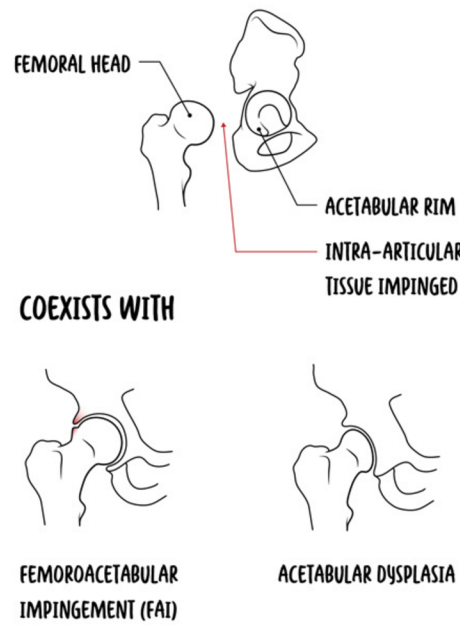
INTERNAL SNAPPING HIP



INTRA-ARTICULAR SNAPPING HIP

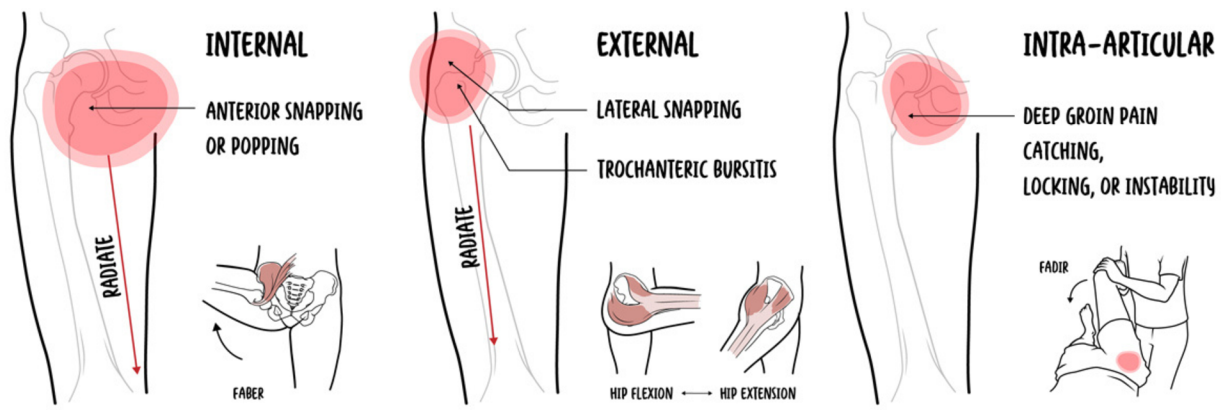


PAINFUL AND ASSOCIATED WITH:
CATCHING, LOCKING, OR RESTRICTED MOTION



CLINICAL PRESENTATION

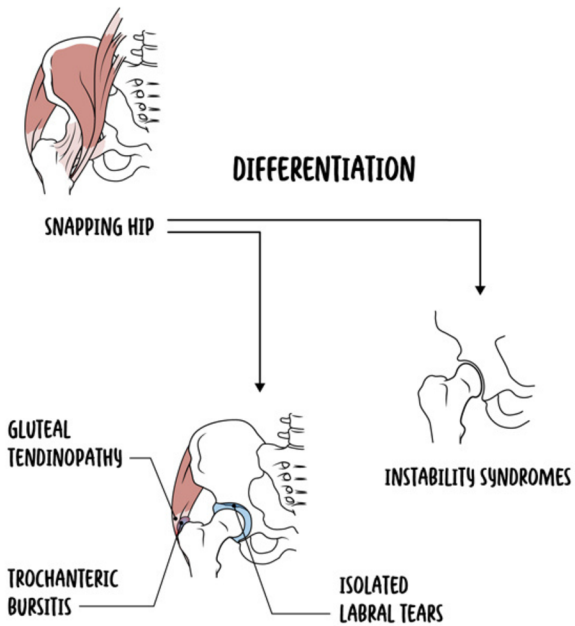
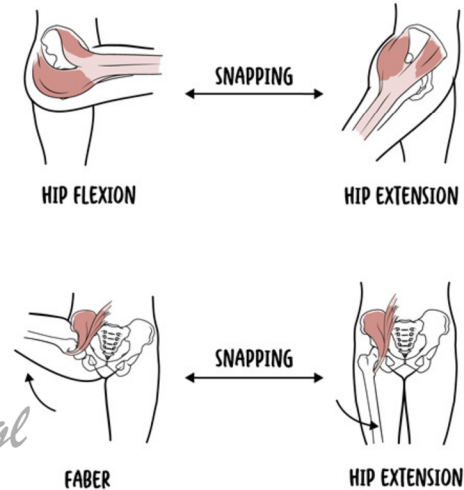
SNAPPING DURING DYNAMIC HIP MOTION IN YOUNG, ACTIVE ADULTS
VOLUNTARILY REPRODUCE THE SNAP



CAN CAUSE SECONDARY TENDON IRRITATION, BURSITIS, OR LABRAL DEGENERATION

DIAGNOSIS

HISTORY AND EXAMINATION



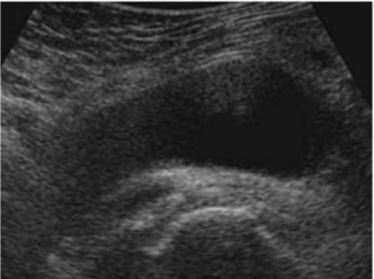
Armando H. Faigl

DIAGNOSIS | IMAGING



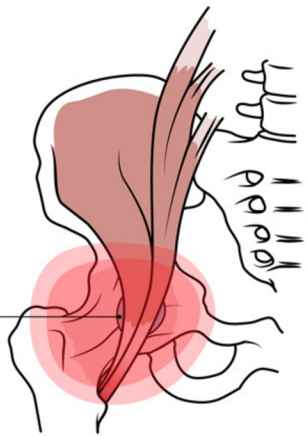
DYNAMIC ULTRASOUND
TENDON EXCURSION ACROSS BONY LANDMARKS
USEFUL FOR EXTERNAL AND INTERNAL TYPES

NEWMAN C, SNAPPING ILIOPSOAS TENDON
CASE STUDY, RADIOPAEDIA.ORG



MRI/MR ARTHROGRAPHY
INTRA-ARTICULAR PATHOLOGY
LABRAL TEARS, CARTILAGE LESIONS
ILIOPSOAS BURSITIS

DR. TACO GEERTSMA, ILIOPSOAS BURSA
CASE STUDY, ULTRASOUND.CASES.INFO



MANAGEMENT

**CONSERVATIVE
(FIRST-LINE)**

FRAME 6-1

**SURGICAL
(REFRACTORY CASES)**

FRAME 6-2

CONSERVATIVE

ACTIVITY MODIFICATION
↓ REPETITIVE FLEXION/EXTENSION

PHYSIOTHERAPY
CORRECTING BIOMECHANICS

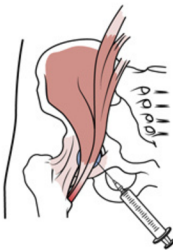
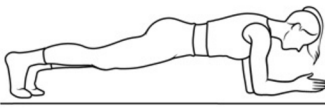
MEDICATIONS

NSAIDS



**CORTICOSTEROID
INJECTION**

BURSITIS OR
PSOAS TENDINOPATHY

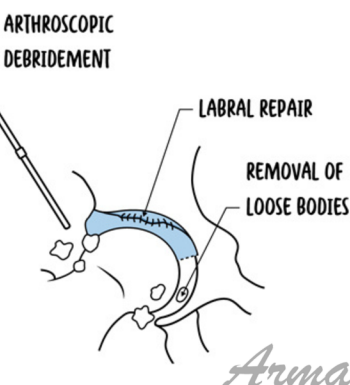
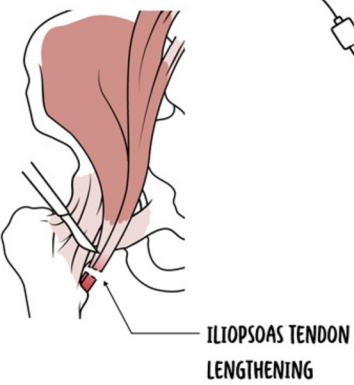
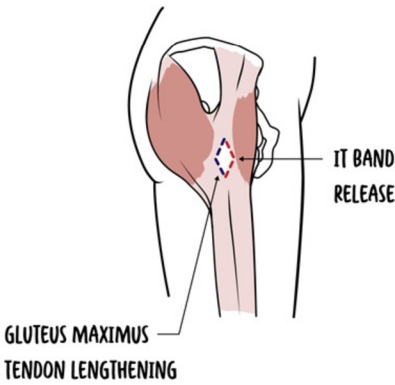


SURGICAL

EXTERNAL

INTERNAL

INTRA-ARTICULAR



Armando H. Faigl

PROGNOSIS

MAJORITY OF CASES

ADOLESCENTS AND ATHLETES
WHO REDUCE PROVOCATIVE ACTIVITY

IMPROVE

WITH CONSERVATIVE TREATMENT

UNTREATED OR
REFRACTORY SNAPPING

CHRONIC BURSITIS
TENDON DEGENERATION
LABRAL DAMAGE

SURGICAL OUTCOMES

FAVOURABLE



SNAPPING HIP SYNDROME

CAUSED BY TENDON EXCURSION
OVER BONY PROMINENCES

CAREFUL HISTORY
LOCALISATION OF SNAPPING
DYNAMIC IMAGING

DISTINGUISHING SUBTYPES

MOST PATIENTS
IMPROVE WITH PHYSIOTHERAPY
AND ACTIVITY MODIFICATION

SURGERY
WHEN CONSERVATIVE MEASURES FAIL